



MARCH 2023

Archdiocese of New York Child Nutrition Program Pre-K-8th

HOT LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				
		1	2	3
		Penne Pasta with Beef Meatballs Marinara Sauce 2oz Green Beans, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk	Teriyaki Breaded Chicken Smackers with Brown Rice Steamed Broccoli, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk	Cheese Pizza Steamed Spinach, 1/2 cup Chickpea Salad, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk
6	7	8	9	10
Breaded Chicken Pieces Brown Rice 1/2 cup Kidney Beans, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Baked Macaroni & Cheese Carrot Coins, 1/2 cup Steamed Broccoli, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Chicken Patty on a Bun Potato Wedges- 3/4 cup Fresh Seasonal Fruit, 1/2 cup Choice of Milk	<u>Something New for Lunch</u> Twin Cheeseburger Sliders Green Pepper Strips, 1/2 cup Sweet Potato Fries, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Sicilian Cheese Pizza Steamed Zucchini, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk
13	14	15	16	17
Chicken Parmesan on a Bun Green Beans, 1/2 cup Steamed Carrots, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Chicken Fajita w/ cheese Wholegrain Tortilla Chips Black Bean Salad, 1/2 cup Roasted Corn, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Beef Cheeseburger on Bun Celery Sticks, 1/2 cup Potato Wedges 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Teriyaki Breaded Chicken Smackers Sweet Potato Fries, 1/2 cup Steamed Broccoli, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Mozzarella Sticks Rotini Pasta Marinara Sauce Steamed Spinach, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk
20	21	22	23	24
Chicken Smackers with a Baked Bread Stick Steamed Carrots, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk	Quesadilla with Cheese Roasted Corn, 1/2 cup Black Bean Salad, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Chicken Alfredo Penne Pasta Parmesan Cheese Steamed Broccoli, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk	Beef Tacos Wholegrain Tortilla Chips Sweet Potato Fries, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk	Cheese Pizza Steamed Zucchini, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk
27	28	29	30	31
Grilled Cheese Sandwich Steamed Carrots, 1/2 cup French Fries, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Penne Pasta with Beef Meatballs Marinara Sauce 2oz Green Beans, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk	<u>Brunch for Lunch</u> Egg & Cheese on a WG English Muffin Hash Browns 1/2 cup Green Pepper Strips, 1/2 cup Assorted Fruit, 1/2 cup Choice of Milk	Teriyaki Breaded Chicken Smackers with Brown Rice Steamed Broccoli, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk	Sicilian Cheese Pizza Steamed Zucchini, 3/4 cup Assorted Fruit, 1/2 cup Choice of Milk

Available Daily
Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches (Mayo/Mustard)

Assorted Fruit
Fresh Fruit-1 Piece
ex (apple, banana, orange)
Frozen Fruit Cup 1/2 cup
Prepared Fruit Cup 1/2 cup
Ex. (pear, pear, peaches, applesauce)

Whole Grains
All grains offered on menu are whole grain

Applicable Lunch Cost
Student Lunch Cost= \$3.00

This Institution is an Equal Opportunity Employer and Provider

